WORKSHOPS ON SEXUAL AND GENDER DIVERSITY

INFORMATION, RESOURCES, & STRATEGIES

An offer of TRAINING SESSIONS for those working with youth and families.

CELEBRATING LESBIAN, GAY, BISEXUAL AND TRANS (LGBT) DIVERSITY

RESPECTING DIFFERENCES

PROMOTING OPENNESS AND INCLUSION
of students hear comments like “That’s so gay” each day at school;

of students have been victims of at least one episode of homophobia;

of lesbian, gay, bisexual and transgender (LGBT) students have been the targets of homophobia or gender-based harassment;

of heterosexual students have been victims of homophobia simply because they didn’t conform to gender stereotypes;

of gender non-conforming youth said they have been verbally harassed. 50% reported that those in a position of authority did nothing;

of trans students do not feel safe at school.


Recent research clearly indicates that homophobia, transphobia and gender-based harassment are amongst the major factors behind bullying in schools and are harmful to all students. Studies show that manifestations of homophobia and transphobia still pass unnoticed by many adults working with youth.

**Homophobia, transphobia and gender-based harassment hurt all youth, including:**

- Youth who identify as LGBT or who are questioning their sexual orientation or gender identity;
- Youth from families with LGBT parents;
- Youth with other LGBT family members or friends;
- Youth with interests that don’t conform to gender stereotypes;
- Youth who restrict their actions and their words because they are afraid of being labelled as an LGBT person.
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WHAT PARTICIPANTS LIKE ABOUT OUR WORKSHOPS:

- Surveys of scientific research
- Resolution of “typical problems-situations” encountered on the terrain
- Opportunities to exchange and reflect
- Professional and civic development
- Plethora of tools and resources to discover

Currently, more than 10 000 PEOPLE across Québec have participated in the workshops of the Coalition. Join us!

The workshops of the LGBT Family Coalition cover a diversity of themes and can be structured according to your needs.

AMONGST THE THEMES THAT WE CAN COVER:

- Sexual and gender diversity: what are we talking about? Key concepts.
- What do we know about youth with LGBT parents? Survey of the scientific literature.
- Obstacles and challenges on the terrain: strategies to support LGBT youth.
- Working proactively: how to limit harassment and bullying related to sexual diversity and how to intervene when it does occur?
- Motivating the school-team: how to navigate resistance?
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Amongst the themes that we can cover:

Sexual and gender diversity: what are we talking about? Key concepts.
What do we know about youth with LGBT parents?
Survey of the scientific literature.
Obstacles and challenges on the terrain: strategies to support LGBT youth.
Working proactively: how to limit harassment and bullying related to sexual diversity and how to intervene when it does occur?
Motivating the school-team: how to navigate resistance?

This workshop targets professionals and students:

A. IN PRESCHOOL SETTINGS, ELEMENTARY SCHOOLS OR HIGH SCHOOLS:
Teachers, day-care staff, support staff, administration, school principals, non-teaching professionals (guidance counsellors, nurses, etc.), members of parents’ committees, etc.;

B. IN A COMMUNITY ORGANISATION, YOUTH CENTRE OR COALITION:
Social workers or other youth workers, directors or board members, volunteers, etc.;

C. IN A CEGEP OR UNIVERSITY:
Professors or students in counselling, social work, nursing, psychology, etc. or in education or psychoeducation.

Practical information
The workshops of the LGBT Family Coalition can be either a 3-hour or full day session and are given in the participants’ workplace, anywhere in Québec. Experienced animators use teaching methods that are both dynamic and interactive. At the end of the session, participants receive a variety of tools including classroom activities, posters, examples of best practices, resource lists, etc.

This workshop is offered free of charge, thanks to grants from the Ministère de l’Éducation, du Loisir et du Sport (MELS), the Ministère de la Justice (Bureau de lutte contre l’homophobie) and the Ministère du Travail, de l’Emploi et de la Solidarité sociale (MTESS). For remote regions, the reimbursement of travel expenses may be requested.

For more information or to register for a workshop, please contact:
THE LGBT FAMILY COALITION
514 878-7600
info@famillesLGBT.org


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