



**Coalition des  
Familles LGBT**  
LGBT Family Coalition

**WORKSHOPS ON SEXUAL  
AND GENDER DIVERSITY**

# **INFORMATION, RESOURCES, & STRATEGIES**

An offer of **TRAINING SESSIONS** for those  
working with youth and families.

**RESPECTING  
DIFFERENCES**

**CELEBRATING  
LESBIAN, GAY,  
BISEXUAL AND TRANS  
(LGBT) DIVERSITY**

**PROMOTING  
OPENNESS AND  
INCLUSION**

# IN QUÉBEC'S SCHOOLS:

62.9%

of students hear comments like **“That’s so gay”** each day at school;

38.6%

of students have been **victims** of at least one episode of homophobia;

69%

of lesbian, gay, bisexual and transgender (LGBT) students have been **the targets of homophobia or gender-based harassment**;

35.4%

of heterosexual students have been victims of homophobia simply because they didn’t **conform to gender stereotypes**;

90%

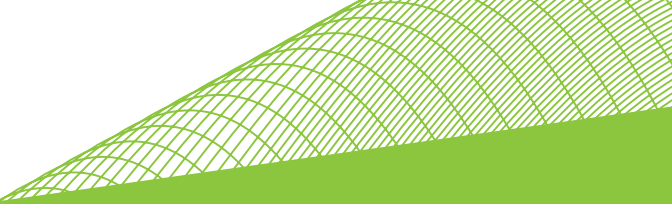
of gender non-conforming youth said they have been verbally harassed. **50% reported** that those in a position of authority did nothing;

95%

of **trans students** do not feel safe at school.

Chamberland, L. et al. (2011). L'impact de l'homophobie et de la violence homophobe sur la persévérance et la réussite scolaires. Fonds de recherche sur la société et la culture [en ligne] [www.fqrcs.gouv.qc.ca/upload/editeur/RF-LineChamberland.pdf](http://www.fqrcs.gouv.qc.ca/upload/editeur/RF-LineChamberland.pdf)

Taylor, C., Peter, T., McMinn, T. L., Schachter, K., Beldom, S., Ferry, A., Gross, Z. et Paquin, S. (2010). Every Class in Every School: Final Report on the First National Climate Survey on Homophobia, Biphobia and Transphobia in Canadian Schools. Toronto, Canada: Egale Canada. Taken from: [www.egale.ca](http://www.egale.ca)



Recent research clearly indicates that homophobia, transphobia and gender-based harassment are amongst the major factors behind bullying in schools and are harmful to all students. Studies show that manifestations of homophobia and transphobia still pass unnoticed by many adults working with youth.

### Homophobia, transphobia and gender-based harassment hurt all youth, including:

- Youth who identify as **LGBT** or who are questioning their **sexual orientation** or **gender identity**;
- Youth from families with **LGBT parents**;
- Youth with other **LGBT family members** or **friends**;
- Youth with interests that don't conform to **gender stereotypes**;
- Youth who restrict their **actions** and their **words** because they are afraid of **being labelled** as an LGBT person.

## WHAT PARTICIPANTS LIKE ABOUT OUR WORKSHOPS:

- Surveys of scientific research
- Resolution of “typical problems-situations” encountered on the terrain
- Opportunities to exchange and reflect
- Professional and civic development
- Plethora of tools and resources to discover

**Currently, more than 10 000 PEOPLE across Québec have participated in the workshops of the Coalition. Join us!**

The workshops of the LGBT Family Coalition cover a diversity of themes and can be structured according to your needs.

## AMONGST THE THEMES THAT WE CAN COVER:

- **Sexual and gender diversity:** what are we talking about? Key concepts.
- **What do we know about youth with LGBT parents?** Survey of the scientific literature.
- **Obstacles and challenges on the terrain:** strategies to support LGBT youth.
- **Working proactively:** how to limit harassment and bullying related to sexual diversity and how to intervene when it does occur?
- **Motivating the school-team:** how to navigate resistance?

# THIS WORKSHOP TARGETS PROFESSIONALS AND STUDENTS:

**A**

## **IN PRESCHOOL SETTINGS, ELEMENTARY SCHOOLS OR HIGH SCHOOLS:**

Teachers, day-care staff, support staff, administration, school principals, non-teaching professionals (guidance counsellors, nurses, etc.), members of parents' committees, etc.;

**B**

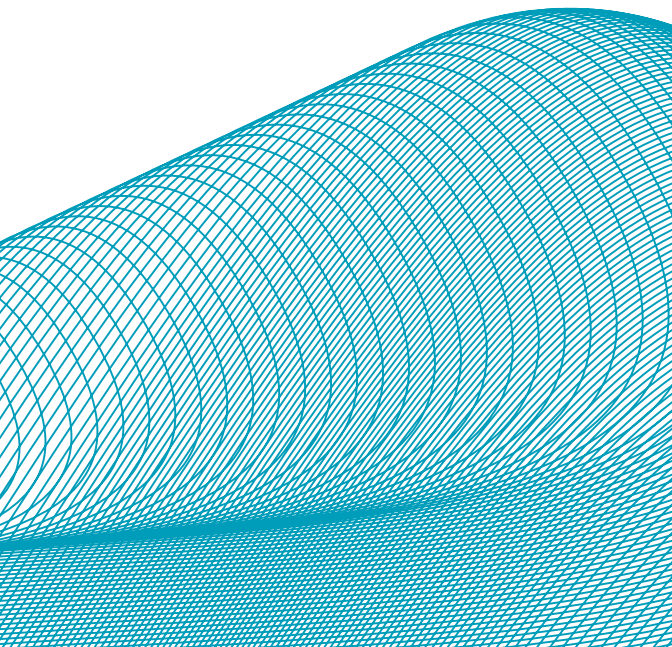
## **IN A COMMUNITY ORGANISATION, YOUTH CENTRE OR COALITION:**

Social workers or other youth workers, directors or board members, volunteers, etc.;

**C**

## **IN A CEGEP OR UNIVERSITY:**

Professors or students in counselling, social work, nursing, psychology, etc. or in education or psychoeducation.



# PRACTICAL INFORMATION

The workshops of the **LGBT Family Coalition** can be either can take place either as 3-hour or full day sessions and are given in the participants' workplace, anywhere in Quebec. Experienced animators use teaching methods that are both dynamic and interactive. At the end of the session, participants receive a variety of tools including classroom activities, posters, examples of best practices, resource lists, etc.

This workshop is offered free of charge, thanks to grants from the Ministère de l'Éducation, du Loisir et du Sport (MELS), the Ministère de la Justice (Bureau de lutte contre l'homophobie) and the Ministère du Travail, de l'Emploi et de la Solidarité sociale (MTESS). For remote regions, the reimbursement of travel expenses may be requested.

## FOR MORE INFORMATION OR TO REGISTER FOR A WORKSHOP, PLEASE CONTACT:

### THE LGBT FAMILY COALITION

T 514 878-7600

[info@famillesLGBT.org](mailto:info@famillesLGBT.org)

**CHAIRE**

**de recherche  
sur l'homophobie  
UQÀM**



McGill  
University  
Sexual  
Identity  
Centre